Chef Activity Badge

Let's get cooking!

This activity contributes to the following badges:



Chef Activity Badge

Culinary Delights!

The Badge

The Chef Activity Badge goes beyond the activity of cooking, covering shopping, food preparation, storage, and clean-up.

The badge can be earned twice – once for indoors, and once for camping.

Check List

Plan a menu	
Show how to shop	
Show how to store	
Cook!	
Clear up	

1 Plan

Plan a menu for 4-6 people. The menu should take into account special dietary needs – vegetarian, cultural, religious, medical, and so on. Include alternatives of each course to account for at least one special dietary need.

2 Shop

Give some evidence of how you would shop for the ingredients you need, including transportation (could you take home a large shop on the bus?). As an additional challenge, show how lockdown has affected normal shopping.

3 Store

Show how different ingredients have different storage needs. What goes in the fridge, and why? Do any ingredients change their storage needs once opened, for later use? How could you store excess ingredients for another time?

4 Cook!

Cook and serve at least one of the meals from your menu. It must be at least two courses. Then upload pictures of your results!

Ask someone who ate your meal to review it, as if you were a restaurant. How many stars will they give you!



5 Clear Up

Clear up the cooking and eating spaces, including doing the washing up, packing away tablecloths and so on, and disposing any rubbish – remember to recycle where possible!

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